



Info for leaders and IST

Info for IST:

As a participating IST in this – the very first Nordic Adventure Race ever held – you will be a part of the great Nordic collaboration and you will hopefully go home with a great deal of amazing experiences.

As an IST you will be given different jobs during the race, such as helping with practical tasks on the way. You will not be responsible for a particular patrol. You will be a kind of “handy-scout” and will help out when needed. This being said you will have a significant role in making the race a great experience.

Requirements for participating IST:

Age: You are 18+

Physical condition : Nordic Adventure Race is a trying experience and you have to be in fairly good shape. We will be travelling a lot in the mountains and you will be carrying your own gear, as well as the collective gear.
A packinglist will be available on a later date.

Price: There is no participant-fee for IST, since your contribution is payment enough 😊

Info for leaders:

As a participating leader in this – the very first Nordic Adventure Race ever held – you will be a part of the great Nordic collaboration and you will hopefully go home with a great deal of amazing experiences.

The patrols are mixed with different nationalities, where the different great cultures will meet and where communication and collaboration is key to winning the race as a patrol.

You will be responsible for 1 patrol throughout the race. We will be travelling together and therefore you will also be in contact with other leaders, IST and scouts.

Requirements for participating leaders:

Age: You are 18+

Physical condition : Nordic Adventure Race is a trying experience and you have to be in fairly good shape. We will be travelling a lot in the mountains and you will be carrying your own gear, as well as the collective gear.

A packinglist will be available on a later date.

Price: There is no participant-fee for leaders, since your contribution is payment enough 😊